00:00.2 - 00:06.6

It's been said of you know that you are the most relevant chefs in the country. Yeah i-i-i don't

00:06.6 - 00:11.0

know about that. That's Ridiculous I'm not I'm just the guy that

00:11.0 - 00:15.1

has a lot of heads on YouTube in got a TV show and is a chef.

00:20.5 - 00:24.0

There's never get us about. Then what say you

00:25.2 - 00:28.8

and Internet thing

00:31.6 - 00:35.3

and other read these on the be. But i-i-i like yeah but

00:35.3 - 00:39.4

everything right ingredients and then the case that the boy that

00:39.5 - 00:40.5

you know.

00:40.9 - 00:48.4

Party chef Matty Matheson has been cool to join blue. She also to run to food see and not just

00:48.4 - 00:54.1

because he's witty brash untalented but because his addictions nearly killed

00:54.2 - 00:58.9

I'm erring came food Swiss and welcome to sitting in the kitchen.

00:59.1 - 01:06.1

Manning is executive chef. All the trendy parts and labor. But today he's busy with is usually call

01:06.1 - 01:09.6

feel of ice TV show dead set on life

01:09.7 - 01:17.2

plus nearly two-hundred thousand Instagram follow was and YouTube videos seen by millions.

01:17.4 - 01:22.9

I met him at his restaurant in the pot. Bill neighborhood of Toronto.

01:23.3 - 01:25.4

Oh no

01:27.5 - 01:28.7

you wish

01:29.0 - 01:30.3

mm

01:31.2 - 01:32.4

Asian.

01:39.0 - 01:47.6

Final i-i-i me you Matty it's taken six months to get this into be as an hour here so we're good

01:47.6 - 01:50.9

work that we're not that's not complain about it.

01:50.9 - 01:55.3

How are you moved. Wise are you a good positive

01:55.3 - 02:00.0

Poisson. Yeah i-i-i think I'm a pretty happy guy you know.

02:00.0 - 02:06.1

Particular work to be a national you know i-i-i wonderful family got a wonderful job you're in

02:06.1 - 02:11.7

India of Lisa she's now. And that hasn't always been that way.

02:11.7 - 02:17.5

You know I guess one four years ago I was at the end of my rope I guess and

02:18.0 - 02:24.5

guess is like a typical party chef. You know every cliche in the book thinking that drinking and

02:24.5 - 02:31.2

doing drugs and partying hard and working really hard. Hours was a sustainable way of living and it

02:31.2 - 02:33.3

wasn't. You know Andy had to.

02:33.3 - 02:40.5

Coma jets a bit and stop doing all that sure about three years ago you had a heart attack in two

02:40.5 - 02:44.5

thousand twelve was that a serious heart attack.

02:44.6 - 02:47.7

I think most heart attacks are pretty serious

02:48.4 - 02:54.9

well said that wake up call for you. It was but it certainly wasn't the end of what I was doing. I

02:54.9 - 03:01.7

had my heart attack and then I partied for two more years. "'cause" I grew this like Superman you go

03:01.7 - 03:03.4

"'cause". I like getting die.

03:03.4 - 03:08.6

So then I just like I'm invincible I'm with you more drugs and Andy had to do things were secretly

03:08.6 - 03:10.0

"'cause" a lot of my friends were

03:10.3 - 03:16.1

scared or cared about what I was doing so I do like kind of turn into more of a sneaky dude and

03:16.1 - 03:19.3

like that's. What I turned into like a real kind of

03:19.5 - 03:25.4

at act. You know i-i-i had to like really find things and dig around and go to like kind of deeper

03:25.4 - 03:27.8

darker kind of places to get drugs and

03:28.6 - 03:31.4

you know i-i-i I'm lucky got to come out the other side and.

03:32.6 - 03:40.5

What do you sing like in hindsight and drove you to those addictions I don't know.

03:40.6 - 03:48.1

Don't have too many demons. You know. E was definitely more of a happy-go-lucky party animal like I

03:48.1 - 03:53.1

just really like doing drugs. There is excitement of going to CD places and really getting into the

03:53.1 - 03:57.1

underbelly of shit like there's. Always that weird romantic

03:57.1 - 04:03.2

thing about it. For some reason you know is about it like i-i-i really like that a kind of Crimea

04:03.2 - 04:10.1

underbelly of Tron I'll and trying to get drugs that you know six AM is a bit of a chore. So you get to meet

04:10.1 - 04:11.4

some save the characters.

04:12.0 - 04:20.1

It was partly a sense of adventure and danger and living on the dog side to do one party to stop.

04:20.1 - 04:22.2

You know was removed a kind of a scenario.

04:22.3 - 04:27.0

Just kept going and going and going you just don't want to stop and finally or like the last got

04:27.0 - 04:31.9

the party. You know yeah and that kind of like collecting like. Oh yeah nobody else is here her like

04:31.9 - 04:35.7

you know like it really turns into like a sad story very quickly.

04:35.8 - 04:40.8

Do you know not drink or do drugs abstinence complete

04:40.8 - 04:45.0

abstinence for like three-and-a-half years you're not a drip not a.

04:45.0 - 04:47.8

Nothing now haven't had a relapse. Yet

04:48.1 - 04:51.0

you know and it's a it's pretty awesome.

04:51.3 - 04:58.5

Well you're very successful that mice common with a thrill fame and fortune. Well the first thing

04:58.5 - 05:00.4

I've learned is fame and fortune.

05:01.2 - 05:07.2

You know I thought I'd get a TV show. And then all this and that have like you know some kind of a

05:07.2 - 05:13.3

fucking. I was in Tron. Oh so you know them to fill up your rent thousand. Pardo which is we you have a wife

05:13.3 - 05:15.8

and child like got a wife and child. Yeah

05:15.8 - 05:19.9

attrition that and they're great really amazing people.

05:20.2 - 05:27.5

You go up in a small town for dairy and they're bustle. How is that it was awesome. We just rotor

05:27.5 - 05:32.6

bikes around like we had tree forts and go to the beaches. Like it was really awesome.

05:33.0 - 05:37.3

And then when I got a little older like it was amazing "'cause". I could go to Buffalo and that's

05:37.3 - 05:40.8

where I found like the punk and hardcore seen is really cool you know.

05:41.0 - 05:50.3

I saw that episode of your show dad says on life. When you go back to your hometown and you revisit

05:50.3 - 05:52.8

the favorite food if you're childhood.

05:52.8 - 06:00.1

Chicken nuggets on this you know growing up going to rubble. Mr. it's just like a gas station was

06:00.1 - 06:05.4

like a like a bodega and it where you can get sandwiches or chicken wings or whatever.

06:05.8 - 06:10.4

It's just like kind of horrible beginnings you know my favorite restaurant is a gas station in for

06:10.4 - 06:15.0

dairy. Your parents appear in that was a they seem

06:15.0 - 06:19.2

like nice people who my barrack yes. My guys are amazing.

06:19.3 - 06:27.3

Very creative very supportive very. You know adventurous really cool. Parents like really gave me

06:27.3 - 06:33.3

the notion that I could do whatever I wanted to do their sweethearts. You know I love.

06:33.4 - 06:35.9

You're very funny on that show

06:36.4 - 06:44.7

I was prepared to face it thing. "'cause" I'm older than you a considerably and the ice. Oh it's

06:44.7 - 06:50.5

just gonna be antics. Yeah he's a tad to the guy a useful language.

06:50.5 - 06:57.5

You haven't used once well it yet today everyone like I'll be out in public and then there's a

06:57.5 - 07:00.8

weird "'cause". All very new. One. Is this like shoe store in

07:00.8 - 07:03.3

some guys like you know. I can't believe like you're in year like

07:03.3 - 07:09.1

you know like oh you are on TV I'm like What much I'm supposed to like. Yeah what people are like

07:09.1 - 07:15.8

think people misconstrue like they see a big take you guys don't see the smaller moments where I'm like

07:15.8 - 07:18.5

just kind of chill and human and like I'm not run

07:18.5 - 07:21.9

around in public yelling and swearing all the time and like

07:22.1 - 07:29.6

I am that person in some respects. But like it is television and I'm entertaining. You know and

07:29.6 - 07:33.8

it's just like there's. A lot of momentum that they were not entertaining and I'm. Just chill I'm just

07:33.8 - 07:36.2

relaxed and everything school.

07:36.7 - 07:46.0

I made your Mac and cheese last night with Cheetos on some it was delicious. I would I was totally

07:46.0 - 07:52.2

shocked honestly because it was so easy. Yeah the know those recipes.

07:52.3 - 07:53.6

Are made to be easy.